

1100 Lone Pine Road, Bloomfield Hills, MI 48302
 248-646-5886 Website: www.bloomfieldcross.org

♥ *A Food Ministry With A Servant's Heart!* ♥

MARCH 2010 MENU

****SIGNATURE BOX Cost: \$30.00**

Balanced Nutrition and Variety with enough food to feed a family of four for about one week.

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| 2 lbs. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.) | 1 lb. Frozen Peas & Carrots |
| 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 X 4 oz.) | 1 lb. Frozen Whole Kernel Corn |
| 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.) | 2 lb. Fresh Apples |
| 2 lb. Macaroni & Beef Dinner Entrée | 2 lb. Heat and Serve Broccoli & Cheese Soup |
| 2.5 lb. IQF Split Chicken Breasts (Re-sealable Bag) | 24 oz. Natural Cut French Fries (Skin-on) |
| 1 lb. Lean Ground Beef | 6.5 oz. Stroganoff Skillet Meal |
| 1 12" Supreme Pizza | 1 lb. Rice |
| | Dozen Eggs |
| | Dessert |

****SENIOR / CONVENIENCE BOX Cost: \$28.00**

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

Breaded Baked Fish over wild rice with green beans, corn and peas

Chicken Chow Mein over lo mein noodles, mixed vegetables and sauce, sugar snap peas and cauliflower

Swedish Meatballs over pasta in sauce, broccoli, carrot blend

Fettuccini Alfredo with carrots and broccoli, zucchini and Brussels sprouts

Meatloaf Patty with mashed potatoes and gravy, peas and carrots and cauliflower

Turkey and Dressing with gravy, green bean blend and corn

Chicken and Noodles with carrots and peas, corn and Brussels sprouts

Pot Roast with mashed potatoes, corn and green beans

Country Herb Chicken with mashed potatoes and sauce, broccoli and green bean blend

Chicken Broccoli Alfredo with carrots and zucchini blend

Desserts: Assorted Cookies, Mixed Fruit Cup, Applesauce, Grape Juice, Apple Juice

After School Box \$21.00

- 14 oz. Bread Sticks Stuffed with Mozzarella in Resealable Bag (9 x 1.61 oz.)
- 1.5 lb. Fully Cooked Chicken Rings in Resealable Bag (Approx. 8 servings)
- 1.5 lb. Fully Cooked Chicken & Cheese Nuggets Resealable Bag (Approx. 8 serv)
- 1.5 lb. Fully Cooked Mini Corn Dogs (36 count)

6 LB. SEAFOOD PACK \$35.00

Six pounds of the finest quality seafood assortment available.

- 27 oz. Breaded Butterfly Shrimp (oven ready)
- 10 oz. Cod Fillets
- 17 oz. Crab Cakes (oven ready)
- 16 oz. White Fish Fillets
- 16 oz. Tilapia Fillets
- 10 oz. Breaded Clam Strips (oven ready)

5 LB. ALLERGEN-FREE FOOD BOX \$23.00

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults

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|-------------------------------------|-----------------------------------|
| 1 lb. Breaded Chicken Breast Chunks | 2 lbs. Breaded Chicken Drumsticks |
| 1 lb. Breaded Cube Steak | 1 lb. Breaded Formed Tenders |

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.

Breading is pre-browned in Canola oil.

MARCH SPECIAL #1 \$23.00

6 lb. Assorted Meat Grill Box

- 1.5 lb. Ribeye Steaks (2 x 12 oz.)
- 1.5 lb. Italian Sausage with Cheese
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 x 4 oz.)
- 1 lb. Chopped Beef Steak Flavored with Cheddar
- 1 lb Chopped Beef Steak Flavored with Mozzarella

MARCH SPECIAL #2 \$22.00

4.5 lb. Assorted Meat & Chicken Combo

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon Wrapped Filet (4 x 6 oz.)
- 1.5 lb Bacon Wrapped Chicken Breast (4 x 6 oz.)

MARCH SPECIAL #4 \$35.00

4 x 4 Family Meal Kits

4 meal kits with all you need to feed a family of 4. 16 meals at 2.20 per meal.

Turkey Kit - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery), 1 lb. Green Beans

Split Whole Chicken Kit - 3 lb. (avg) Whole Split Chicken (2 individually wrapped halves), 1.5 lb. Potato Medley, 1 lb. Green Beans

Beef Tips & Gravy Kit - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley (Rice with Red & Green Peppers)

Pork Roast Kit - 1.5 lb. Boneless Pork Roast, 1.5 lb. Potato Medley, 1 lb. Corn

MARCH SPECIAL #3 \$20.00

10 lb. Boneless/Skinless Chicken Breast Box

10 lb. IQF Boneless/Skinless Chicken Breasts

MARCH SPECIAL #5 \$22.00

Premium Fresh Fruit and Veggie Box

- 1 Large Golden Ripe Pineapple
- 1 Large Vine Ripened Cantaloupe
- 1 lb. New Crop Chilean White Seedless Grapes
- 1 Large Tree-Ripened Mango
- 1 Large Haas Avocado
- 1 head Leafy Green Cabbage
- 3 lb. bag Sweet Potatoes (baking size)
- 2 lb. bag New Crop Yellow Onions
- 3 lb. bag Idaho Baking Potatoes
- 1 lb. Fresh California Carrots
- 3 Variety Colored Bell Peppers
- 2 ct. Jumbo Garlic

ORDERS ACCEPTED AND PAID FOR:

Saturday, February 27, 10:30 am - Noon
Sunday, March 14, 9:00am - Noon

DISTRIBUTION DAY:

Saturday, March 27, 10:30 am – Noon
at Cross of Christ Lutheran Church.

**Be Sure To Bring A Large Box, Laundry Basket,
Or Cooler For Your Order!**

Name: _____ **Phone #:** _____ **Email (If Applicable):** _____

Address: _____ **City:** _____ **Zip:** _____ **Date:** _____

SIGNATURE BOX.....Qty. _____ X \$30.00.....\$ _____

SENIOR BOX.....Qty. _____ X \$28.00.....\$ _____

ALLERGEN-FREE BOX...Qty. _____ X \$23.00.....\$ _____

SEAFOOD BOX.....Qty. _____ X \$35.00.....\$ _____

AFTER SCHOOL BOX ...Qty. _____ X \$21.00.....\$ _____

SPECIAL #1.....Qty. _____ X \$23.00.....\$ _____

SPECIAL #2.....Qty. _____ X \$22.00.....\$ _____

SPECIAL #3.....Qty. _____ X \$20.00.....\$ _____

SPECIAL #4.....Qty. _____ X \$35.00.....\$ _____

SPECIAL #5.....Qty. _____ X \$22.00.....\$ _____

METHOD OF PAYMENT ACCEPTED:

- Cash
- Checks
- Food Stamps
- On Line

Checks should be addressed to Cross of Christ Church

You May Also Order Online At:

**www.bloomfieldcross.org or
www.angelfoodministries.com**

Debit and Credit Cards Only